

Safer Cleaning Choices

As children, teachers, and parents prepare for back-to-school, we need to ensure that we are protecting children's lungs from viral illnesses while also protecting them from harsh chemicals. Many chemicals in traditional cleaning products are irritants and even toxic to children. Certain cleaning products increase the likelihood that a child will develop asthma or have an asthma attack, while other products encourage progression of chronic diseases.

These products are safer to use around children:

Surface Cleaners¹

- Seventh Generation Disinfecting Multi-Surface Cleaner, *Lemongrass Citrus*
- Lysol Hydrogen Peroxide Action Multi-Purpose Cleaner, *(Spray or Wipes) Oxygen Splash or Citrus Sparkle Zest*
- Purell Multi Surface Disinfectant, *Fragrance Free, Fresh, or Citrus*

Hand Sanitizers²

- Pipette Baby Hand Sanitizer, *any fragrance*
- Everyone Hand Sanitizer Spray, *any fragrance*
- Everyone Hand Sanitizer Gel, *any fragrance*

Hand Soaps³

- Babyganics Foaming Soap, *Fragrance Free*
- Made Of Baby Hand Soap, *Fragrance Free*

Portable Classroom Appliances⁴

- Germ Guardian, *UV and HEPA portable air filter*
- Air Oasis G3 Series, *Charcoal and HEPA portable air filter*
- Force of Nature Starter Kit and Pods



Never mix cleaning products.

Products that are safe on their own can create toxic fumes when combined with other products. For example, combining vinegar with bleach creates chlorine gas, which can cause eye, skin, and respiratory irritation.

1. From the Environmental Working Group (EWG)'s post: *16 Effective and Safe Cleaning Products to guard Against Coronavirus. Cross listed from the Environmental Protection Agency (EPA)'s List N: Disinfectants for Use Against SARS-CoV-2 (COVID-19)*
2. *EWG Verified Products or products which receive a 1 (on a scale of 1-10 toxicity) which are particularly safe for children with sensitive skin, lungs, and immune systems.*
3. *Hand sanitizers which are verified by the EWG and which meet the Centers for Disease Control and Prevention (CDC)'s requirement of 70% alcohol to be effective against COVID-19.*
4. *EWG Verified Products or products which receive a 1 (on a scale of 1-10 toxicity) which are particularly safe for children with sensitive skin, lungs, and immune systems.*
4. *Create a classroom fund such as Venmo or Go Fund Me to raise support for these viral illness preventative appliances.*



Learn more at
mothersandothersforcleanair.org

